



SINDHI COLLEGE

#33/2B, Kempapura, Hebbal, Bengaluru - 560024
Permanently Affiliated to Bengaluru City University
Approved by AICTE, NAAC Re-accredited

Ph.no: 080-23637544 E-mail: mail@sindhicollege.com

DEPARTMENT OF PHYSICAL EDUCATION

INTRODUCTION SPORTS DEPARTMENT

- Physical Education enables all students to enjoy and succeed in many kinds of physical activity.
- Students develop a wide range of skills and ability like tactics, strategies and ideas to perform successfully.
- While performing, students tend to analyze the situation and make decisions.
- Students try to reflect on their own and others' performances and find ways to improve upon them. Consequently, students develop confidence.
- Students realize importance of health and learn about active lifestyles.
- Sindhi College continues to uphold the tradition of participating and winning in various sports and games at the Inter-Collegiate, State, University, National, and international level. Apart from academics, all sports activities are given lot of importance in order to cater to the all-round development of students.

SPORTS FACILITIES

FACILITIES	AVAILABLE
➤ Basketball Court	1
➤ Badminton Court	4
➤ Volleyball Court	1
➤ Throwball Court	1
➤ Kabaddi Court	1
➤ Football Ground	1

FACILITIES

INDOOR STADIUM



INDOOR GAMES

BASKETBALL

TABLE TENNIS

TENNI KOIT

BADMINTON

NET BALL

CHESS

CARROM

YOGA

Badminton Court



OUTDOOR FACILITIES

**CRICKET, ATHLETICS, FOOTBALL, HANDBALL,
VOLLEYBALL, THROWBALL, TUG -OF -WAR.**



Throwball Court and Volleyball Court

